



EVERYTHING YOU NEED TO KNOW ABOUT

Cape Town

A coming-together of cultures, cuisines and landscapes, there's nowhere quite like Cape Town, a singularly beautiful city crowned by the magnificent Table Mountain National Park.

Human creativity is also self-evident here. From the brightly painted facades of the Bo-Kaap and the bathing chalets of Muizenberg to the Afro-chic decor of its restaurants and bars and the striking street art and innovation incubators of the East City and Woodstock, this is one great-looking metropolis. The informal settlements of the Cape Flats are a sobering counterpoint, but these townships also have enterprising projects that put food from organic market gardens on tables, or stock gift shops with attractive souvenirs.

Christian, Muslim, Jewish, Hindu and traditional African beliefs coexist peacefully in this proudly multicultural city. It's a city of determined pioneers – from the Afrikaner descendants of the original Dutch colonists and the majority coloured community to the descendants of European Jewish immigrants and more recent Xhosa (isiXhosa) migrants from the Eastern Cape. They all bring unique flavours to Cape Town's rich melting pot.



LANGUAGE:

South Africa claims a whopping eleven official languages but the most common you'll hear in and around Cape Town is English—the lingo of business and media—followed by Afrikaans and Xhosa on the streets.

WEATHER:

Cape Town is never out of season, with a particularly good, long summer from November to March. These are the most popular months for visitors, who come to enjoy the 11 or more hours of sunshine every day. The average summer temperature in Cape Town is 24.3 degrees Centigrade, with January and February temperatures averaging 26 degrees Centigrade. February is the driest month of the year, with 15 mm (0.6 inches) of rain.

MONEY AND SAFETY:

Currency & ATM: The local currency in South Africa is the Rand, and Foreign Exchange is available around the city. It goes without saying that when using the ATM, don't ask strangers for help and don't flash cash around.

Try to avoid using mobile phones and tablets in the streets. Rather step into a restaurant or a shop to do so. Be aware of suspicious people and avoid walking alone at night, especially if you do not know your way around the city.

NIGHTLIFE:

When the sun sets on Cape Town, the city comes to life. There are a number of restaurants, bars and clubs to try.

GETTING AROUND:

Firstly, we drive on the left hand side of the road and work in kilometres when it comes to speed and distance! With that out of the way, there are a number of ways for you to get around our beautiful city:

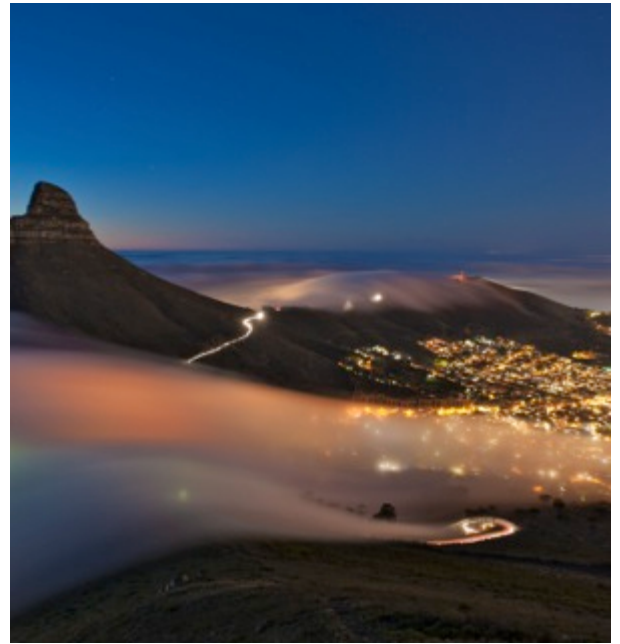
Uber: A popular and easy way to travel around the city, Uber is easily accessible. Download the app and off you go!

Cab or taxi: There are a large number of metered taxis. The average rate is R10/kilometre.

Car hire: All the major companies operate out of the airport and have city depots.

On foot, bus or bicycle: There are a growing number of tours available by run, bicycle, bus or foot in the city. The City Sightseeing bus is a great way to see the city at your own pace as you jump on and off at your leisure. The MyCiti bus is another quick and easy way to get around the city and surrounds. You will need to purchase a pre-paid myconnect card to use it though.

Train: Trains run basic commuter routes into the city and also stretch out along the scenic Southern line, which stretches as far as Simon's Town. It is an affordable option to travel around the city.



KEEPING IN TOUCH:

Mobile: Locals call it a cell phone and you can hire one for your time with us. If you have your own, buy a local sim card. You will need identification to do this.

Internet access: Internet cafes are relatively inexpensive, while a lot of coffee shops and accommodation offer wireless services. There are also a number of free wireless hotspots around the city. You can buy data at any cellular shop. Save yourself some cash by asking if there is free Wi-Fi available!

SUN, SEA AND SAND:

It gets hot in Cape Town, so make sure you plan accordingly when you hit the beach. Lots of water and plenty of sunscreen!

When swimming in the sea, make sure you use safe beaches where lifeguards are on duty.

There are shark spotters deployed at several of Cape Town's beaches along the False Bay coast line and use a flag and alarm system to warn beach users of a shark's whereabouts.

THE MOUNTAIN:

Table Mountain is undoubtedly one of the city's biggest attractions, but you need to be cautious when visiting. Follow the safety precautions below to ensure you don't run into problems.

Steer clear during bad weather. The rocks on the mountain get very slippery in wet weather.

Do not hike alone – the ideal party size is four; travel at the pace of the slowest member. Always inform someone of your intended route and your expected time of return.

The use of a qualified mountain guide is highly recommended. Make sure to take an up to date map, comfortable walking shoes, a few friends, a cellular phone, water, food, sun block, and something warm.

On Table Mountain National Park, Skeleton Gorge & Nursery Ravine is a dangerous and slippery route when it rains.

When hiking Table Mountain, key 021 480 7700 into your cellular telephone before you begin your hike so that an emergency number is always on hand.

Keep to well used paths and do not descend unknown ravines or cliffs.

Chacma Baboons can be dangerous – do not approach them or feed them.

Please be mindful that Cape Town's festive season coincides with the Cape's long, dry summer season i.e. please make sure that cigarette butts and/ or fires are put out properly before leaving the area, and please exercise caution when taking an action that could result in the ignition of a fire.



TOP ATTRACTIONS TO SEE WHEN VISITING CAPE TOWN

The Mother City, as Cape Town is affectionately known, boasts an endless list of exciting things to do. From climbing the one of the New 7 Wonders of Nature -Table Mountain - to shopping at one of South Africa's most popular shopping centre's , the V&A Waterfront, this city has it all. Discover Cape Town's unique culture, people and history through outdoor activities, restaurants and bars and museums.

So to make sure that you experience some of the best things that this sea-side metropolis has to offer, we have listed the top attractions to see when visiting Cape Town. You can decide what to visit dependent on your available time and interests.



Table Mountain

You have to visit the top of Table Mountain, which is now officially one of New7Wonders of Nature. Cable Car runs between 08h00 and 19h30 - weather permitting.



Kirstenbosch Gardens

Check out the Kirstenbosch Botanical Gardens. There's also a great treetop canopy walkway - the 'Boomslang' that has recently been declared the Most Beautiful Object in South Africa.



Company Garden

Take a stroll through the Company's Garden. Here you can visit the SA Museum, National Art gallery and a variety of museums in the area. In addition you can view the Parliament Building.



SA Brewery

Check out the South African Brewery in Newlands. It is here that you can enjoy an insightful beer tour that delves deep into the history of the almost 200-year-old establishment



Hop on Hop Off Bus

Take a Hop On Hop Off City Sightseeing Bus – this service is a tried and tested form of seeing attractions in the City. There is a stop right outside of the CTICC.



Clifton 4th Beach

Go for a swim at Clifton 4th beach. This gorgeous stretch of sand and sea has been awarded Blue Flag Beach status, which means the water, safety and marine quality is of high standard.



Old Biscuit Mill

Check out the Old Biscuit Mill in Woodstock. This hotspot (which is 'the place to be' amongst locals and tourists alike), is home to a few well-known markets and events, restaurants and lots more.



Boulders Beach

Visit Boulders Beach Simon's Town. It is here where you will find a colony of penguins that settled there in 1982.



Robben Island

Take a trip to the historic Robben Island, which is most commonly known as its past use of being a political prison during South Africa's apartheid. (One of the most famous prisoners being Nelson Mandela).



Camps Bay Beachfront

Have a meal on the Camps Bay beachfront. The trendy hangout spot is known for attracting Hollywood A-Listers and is also an ideally situated location for sundowners, good food and a great vibe.



Long Street

And while we're on the subject of great vibes, it is of course imperative that you check out Cape Town's famous Long Street. The CBD roadway is known for its endless offering of clubs, pubs and eateries.



Kalk Bay

Head on over to Kalk Bay. This quaint seaside town is known for its beautiful views of the False Bay coastline and is also a top spot for getting tasty fish and chips at well-known fishery Kalky's.



Muizenberg Beach

While you're in the South Peninsula, make sure you visit Muizenberg Beach. The popular sandy features those well-known colourful changing booths that appear in many Cape Town-related tourism photos.



Rhodes Memorial

Check out Rhodes Memorial, which is stationed on the slopes of Devil's Peak Mountain (at the University of Cape Town). This location lends itself to great views of the city.



Shark Cage Diving

Do something thrilling and go Shark Diving in Gansbaai. Just two hours away from Cape Town, this location is known as the Great White Shark capital of the world.



Helicopter Ride

Go on a helicopter ride. This is one of the best ways to see the beautiful Atlantic, as well as majestic landmarks like Table Mountain, Robben Island, Lion’s Head, Signal Hill and the beautiful Winelands



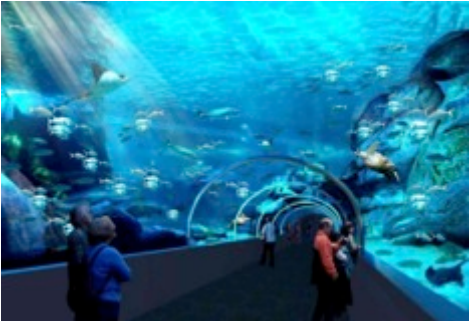
Hout Bay Market

Check out the Bay Harbour Market in Hout Bay. This weekend shindig has over 80 trader stalls filled with delightful goods and also features live music and more!



African Markets

Visit the Pan African Market on Long Street or the open market at Greenmarket Square. You'll find beautifully crafted artwork here.



Two Oceans Aquarium

View over 3000 creatures at the Two Oceans Aquarium. This gem is home to thousands of aquatic species. Located in the V&A Waterfront



Cape of Good Hope

Explore the Cape of Good Hope. This rocky headland is on the coast of the Cape Peninsula and is known as one of the great capes of the South Atlantic Ocean.



Castle of Good Hope

Check out the Castle of Good Hope. Built between 1666 and 1679 by the Dutch East India Company, this building is oldest surviving colonial building in South Africa.



Bo Kaap – Cape Malay Quarter

Visit the Bo Kaap. This area, which was formerly known as the Malay Quarter, is a brightly coloured historical area of the Cape Malay culture. It is now a modern residential area.



Township Visit

A visit to one of the many townships surrounding the city is an experience that is completely interactive and encompasses the history of the lives and development of one of the disadvantaged communities in Cape Town.



Kloof Street

Eat at any restaurant on Kloof Street. This area boasts eateries that range from fine dining style to more laid-back diner style restaurants.



Seapoint Promenade

Take a walk on the Sea Point Promenade. This Atlantic Seaboard based area is a great spot for casual cycling, a workout (there's an outdoor gym).



V&A Waterfront

Visit the V&A Waterfront. Popular amongst tourists and Capetonians alike, the Waterfront boasts restaurants, local and international shops as well as entertainment.



Big Wheel

Go on the Cape Wheel at the V&A Waterfront. This roundabout feature gives phenomenal 360 degree panoramic views of the Mother City.



St Georges Cathedral

Check out St George's Cathedral (which was designed by Sir Herbert Baker). It is the oldest Cathedral in Southern Africa and is the mother church of the Anglican Diocese of Cape Town.



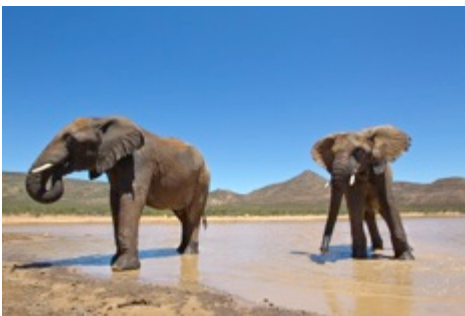
District Six Museum

Take a step back to history at the District Six Museum. Located in the former inner-city residential area of District Six in Cape Town, where over 60 000 inhabitants were forcibly removed.



Cape Winelands

Explore the Cape Winelands - head out to the Constantia, Stellenbosch, Paarl or Franschhoek Wine Valley and experience some of the outstanding wine produced on the many estates.



Big 5 Safari

Enjoy a day visit at one of the Game Reserves 2 hours from Cape Town. The experience includes road transfers, a 2,5 hour safari and lunch



Adventure Activities

If you are an adventure seeker and prefer the outdoors, many sporting options are available such as Mountain Biking, Hiking up Table Mountain, Sky Diving but to name a few.



Restaurants

Cape Town has many great restaurants ranging from local eateries to fine dining options. You will find many options at the V&A Waterfront. The hotel Concierge will be able to assist with bookings.